

Keil's

Fresh Food Stores

KEIL'S DELIVERY
DOORDASH
Just download the APP!

QUALITY MEATS

Keil's DEALS
No Card Needed!

Certified Angus Beef®
Lean Ground Beef
80% Lean or Better

\$3.99 Lb.
SAVE up to 3.00 Lb.

Keil's DEALS
No Card Needed!

Signature Pollo Asada or Pollo Cilantro
Boneless & Skinless
Chicken Leg Meat

\$2.99 Lb.
SAVE up to 2.00 Lb.

FRESH PRODUCE

Keil's DEALS
No Card Needed!

Hass Avocados
Ripe

2 ea. \$3
for
SAVE up to 98¢ on 2

Keil's DEALS
No Card Needed!

Earthbound Farm Organic Salad
5 Oz. Selected Varieties

\$2.99 Ea.
SAVE up to 1.00 Each

KEIL'S PICKS!

Keil's DEALS
No Card Needed!

Yoplait Yogurt
Selected 6 Oz. Original or Light

59¢ Ea.
SAVE up to 50¢ Each

Keil's DEALS
No Card Needed!

Ruffles or Doritos
Selected 8 - 10.75 Oz. Bag

2 ea. \$7
for
SAVE up to 4.98 on 2

Keil's DEALS No Card Needed!

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Skippy Peanut Butter
Selected 15 - 16 Oz. Varieties

2 ea. \$5
for
SAVE up to 3.58 on 2

Keil's DEALS
No Card Needed!

Thrifty Ice Cream
Selected 48 Oz. Varieties

\$3.99 Ea.
SAVE up to 2.50 Each

Keil's DEALS
No Card Needed!

Chips! Ahoy Cookies
Selected 7.01 - 13.01 Oz. Varieties

2 ea. \$7
for
SAVE up to 2.98 on 2

Keil's DEALS
No Card Needed!

Langers Juice
Selected 64 Oz. Varieties

\$2.99 Ea.
SAVE up to 1.50 Each

Keil's DEALS
No Card Needed!

Planet Oatmilk
Selected 52 Oz. Varieties

2 ea. \$6
for
SAVE up to 5.98 on 2

Keil's DEALS
No Card Needed!

Cutwater Spirits
Selected 4 Pack Cans

\$11.99 Ea.
SAVE up to 5.00 Each

Prices Effective October 16 - October 22
7403 Jackson Drive, San Diego • Phone: 619-667-2750

FAMILY FAVORITES



Barilla Pasta
12-16 oz. Box
Selected Varieties

2/\$3 FOR



Quaker CAP'N CRUNCH or LIFE Cereal
10.3-13 oz. Box
Selected Varieties

\$2.99



Planet Oat Oat Milk
52 oz. Carton
Selected Varieties

\$2.99
PLANET OAT COFFEE CREAMER
32 OZ. BOTTLE, SELECTED VARIETIES **\$3.69**

SPECIAL HANDLING COUPON
SAVE \$1
When you BUY TWO (2) NABISCO Chips Ahoy! Cookies, Ritz Toasted Chips or Ritz Crisp & Thins in a single shopping visit between 10/16/24 and 10/22/24. RETURN TO UNFI COUPON SERVICES #9622

Nabisco Chips Ahoy! Cookies, Ritz Toasted Chips or Ritz Crisp & Thins
7.01-13.01 oz. Package
Selected Varieties

\$3.49 WITH COUPON
SALE PRICE • \$3.99 EA.

French's Yellow Mustard
20 oz. Bottle

\$2.79
HEINZ TOMATO KETCHUP
38 OZ. BOTTLE **\$6.99**

Pearl Milling Company Pancake Mix
2 Lb. Box
Selected Varieties

\$2.99

Old Bay Seasoning
6 oz. Container

\$4.99

Newman's Own Salad Dressing
16 oz. Bottle
Selected Varieties

\$4.49

Dole Fruit Bowls
4 Count Package
Selected Varieties

\$3.49

PEARL MILLING CO. SYRUP
24 OZ. BOTTLE, SELECTED VARIETIES

\$3.49

MCCORMICK MIXES HOMESYLE CLASSICS or BAG 'N SEASON
.81-2.11 OZ. PACKET, SELECTED VARIETIES

\$2.49

CHOLULA HOT SAUCE
12 OZ. BOTTLE, SELECTED VARIETIES

\$6.99

Mission Tortilla Chips or Salsa
18 oz. Brown Bag or 16 oz. Tub
Selected Varieties

\$3.49

Gerber GRADUATES Baby Snacks
1.48 oz. Canister
Selected Varieties

\$2.99

Zatarain's Rice Dishes
6.3-6.9 oz. Box
Selected Varieties

\$1.69

Martinelli's Sparkling Cider
25.4 oz. Bottle
Selected Varieties

\$3.49 +CRV

LAY'S CLASSIC or KETTLE COOKED POTATO CHIPS
5-8 OZ. BAG, SELECTED VARIETIES

\$3.89

BEVERAGES



Coca Cola Soft Drinks
8 Pack, 12 oz. Bottles
Selected Varieties

\$6.99 +CRV



Gatorade Thirst Quencher
28 oz. Bottle
Selected Varieties

3/\$5 +CRV FOR



Pepsi Soft Drinks
6 Pack, 7.5 oz. Cans
Selected Varieties

\$3.49 +CRV



Modelo Beer or Coronita Beer
18 Pack, 12 oz. Cans
24 Pack, 7 oz. Bottles

\$23.99 +CRV



Powerade Sports Drinks
8 Pack, 20 oz. Bottles
Selected Varieties

\$5.99 +CRV



Pepsi Soft Drinks
10 Pack, 7.5 oz. Cans
Selected Varieties

\$5.49 +CRV



7-Up Soft Drinks
12 Pack, 12 oz. Cans
Selected Varieties

\$5.99 +CRV



Coors, Miller, Coors Light or Miller Lite Beer
12 Pack, 12 oz. Bottles or Cans

\$12.99 +CRV



Dasani Drinking Water
8 Pack, 12 oz. Bottles

\$3.99 +CRV



Rockstar Energy Drinks
4 Pack, 16 oz. Cans
Selected Varieties

\$5.49 +CRV



Xyience Energy Drinks
16 oz. Can
Selected Varieties

3/\$5 +CRV FOR



Korbel Sparkling Wine
750 ml. Bottle
Selected Varieties

\$13.99 +CRV



Body Armor Beverages
28 oz. Bottle
Selected Varieties

2/\$5 +CRV FOR



Celsius Energy Drinks
16 oz. Can
Selected Varieties

2/\$5 +CRV FOR



7-Up Soft Drinks
6 Pack, 16.9 oz. Bottles
Selected Varieties

\$3.49 +CRV



Jose Cuervo Tequila Silver or Reposado
750 ml. Bottle

\$19.99 +CRV

BAKERY SPECIALS

Guerrero RIQUISIMAS Flour Tortillas
24 Count Package

\$3.79

Western Bagel Bagels
18 oz. Package
Selected Varieties

\$2.99

Mission SOFT TACO SIZE Flour Tortillas
10 Count Package

\$1.99

La Brea TWIN PACK Baguettes
12 oz. Package

\$3.99

Mission Corn Tortillas
30 Count Package
White or Yellow

\$1.99

Café Valley Bundt Cake
16 oz. Package
Lemon or Triple Chocolate

\$4.99

HEALTH & BEAUTY



Colgate Toothpaste
4 oz. Tube, Selected Varieties

\$1.99

Old Spice GEL or INVISIBLE SOLID Deodorant
2.6-3 oz. Package
Selected Varieties

\$7.49



Clif Kid ORGANIC ZBAR Multi-Pack
5-6 Count Box
Selected Varieties

\$5.99



Gillette FUSION 5 Shave Gel
7 oz. Aerosol Can
Ultra Sensitive Only

\$5.49



BUY 4 & SAVE \$2

SPECIAL HANDLING COUPON
SAVE \$2.00
 WHEN YOU BUY ANY FOUR (4) PARTICIPATING GENERAL MILLS PRODUCTS in a single shopping visit between 10/16/24 and 10/22/24. RETURN TO UNFI COUPON SERVICES.

IN A SINGLE SHOPPING VISIT BETWEEN 10/16/24 AND 10/22/24 AND WITH COUPON

MUST BUY 4
Yoplait Fridgepack Yogurt
 8 Count Box Selected Varieties
\$4.99
 WITH COUPON SALE PRICE • \$5.49 EA.

MUST BUY 4
General Mills Large Size Cereals
 TRIX, LUCKY CHARMS, CINNAMON TOAST CRUNCH, CHEERIOS or COCOA PUFFS
 12-18.2 oz. Box Selected Varieties
\$4.49
 WITH COUPON SALE PRICE • \$4.99 EA.

MUST BUY 4
Progresso Soups
 CLASSIC, LIGHT, PROTEIN or RICH & HEARTY
 18.5-19 oz. Can Selected Varieties
\$1.99
 WITH COUPON SALE PRICE • \$2.49 EA.

MUST BUY 4
Yoplait Go-Gurt Yogurt
 20 Count, 40 oz. Box Selected Varieties
\$5.49
 WITH COUPON SALE PRICE • \$5.99 EA.

MUST BUY 4
Betty Crocker Fruit Snacks
 FRUIT BY THE FOOT, FRUIT ROLL-UPS, GUSHERS or MOTT'S FRUIT SHAPES
 4.5-8 oz. Box, Selected Varieties
\$3.49
 WITH COUPON SALE PRICE • \$3.99 EA.

MUST BUY 4
Pillsbury MEAL BREAD, GRANDS BISCUITS, CINNAMON ROLLS or CRESCENT ROLLS
 8-16.3 oz. Tube Selected Varieties
\$2.99
 WITH COUPON SALE PRICE • \$3.49 EA.

MUST BUY 4
Betty Crocker COMPLETE Pancake Mix
 37 oz. Box Selected Varieties
\$3.19
 WITH COUPON SALE PRICE • \$3.69 EA.

MUST BUY 4
Betty Crocker Cake Mix
 13.25-14.25 oz. Box Selected Varieties
\$1.49
 WITH COUPON SALE PRICE • \$1.99 EA.

MUST BUY 4
Betty Crocker SUPREME Brownie Mix
 16.5-17.8 oz. Box Selected Varieties
\$2.79
 WITH COUPON SALE PRICE • \$3.29 EA.

MUST BUY 4
Gold Medal ALL PURPOSE Flour
 5 Pound Bag
\$4.49
 WITH COUPON SALE PRICE • \$4.99 EA.

BETTY CROCKER BISQUICK MIX
 40 OZ. BOX
\$5.49
 WITH COUPON SALE PRICE • \$5.99 EA.

BETTY CROCKER READY TO SPREAD FROSTING
 12-16 OZ. TUB, SELECTED VARIETIES
\$1.99
 WITH COUPON SALE PRICE • \$2.49 EA.

BETTY CROCKER BROWNIE MIX
 16.3 OZ. BOX
\$1.99
 WITH COUPON SALE PRICE • \$2.49 EA.

BETTY CROCKER CINNAMON TOAST CRUNCH COFFEE CAKE MIX
 14.8 OZ. BOX
\$2.99
 WITH COUPON SALE PRICE • \$3.49 EA.

PILLSBURY PIE CRUST
 14.1 OZ. BOX
\$3.99
 WITH COUPON SALE PRICE • \$4.49 EA.

MUST BUY 4
Old El Paso Taco Shells
 10-12 Count Box Selected Varieties
\$1.99
 WITH COUPON SALE PRICE • \$2.49 EA.

MUST BUY 4
Nature Valley GRANOLA Bars or Fiber One Protein Bars
 5.5-8.95 oz. Box
\$3.99
 WITH COUPON SALE PRICE • \$4.49 EA.

MUST BUY 4
Pillsbury Cookie Dough
 16-16.5 oz. Package Selected Varieties
\$3.99
 WITH COUPON SALE PRICE • \$4.49 EA.

MUST BUY 4
Pillsbury Toaster Strudel
 11.7 oz. Box Selected Varieties
\$2.99
 WITH COUPON SALE PRICE • \$3.49 EA.

Hershey's Chocolate Candy
 7.37-10.8 oz. Pouch Selected Varieties
\$5.49
 HERSHEY'S SNACK SIZE CANDY 10.35-11.6 OZ. PACKAGE, SELECTED VARIETIES
\$4.99

Quaker Oats
 42 oz. Carton Selected Varieties
\$4.99
POP-SECRET MICROWAVE POPCORN
 6 COUNT BOX, SELECTED VARIETIES
\$5.99

Blue Diamond Almonds
 6 oz. Can Selected Varieties
\$3.69

Cottonelle Bath Tissue or Viva Paper Towels
 6 MEGA ROLL PACKAGE or 6 BIG ROLL PACKAGE
 Selected Varieties
\$8.99

DELI & FROZEN

Chobani FLIP or ZERO SUGAR Yogurt
 4.5-5.3 oz. Cup Selected Varieties
4/\$5

Kraft SHREDDED, CHUNK or NATURAL SLICES Cheese
 7-8 oz. Package Selected Varieties
\$2.99

Culinary Circle Frozen Pizza
 14.1-33.5 oz. Box Selected Varieties
\$5.99

Magnum Ice Cream Bars
 3 Count Box Selected Varieties
\$4.99
BEN & JERRY'S ICE CREAM
 16 OZ. TUB, SELECTED VARIETIES
\$5.99

Colliders CHOPPED, LAYERED or TWISTED Dessert Snacks
 2 Count, 7 oz. Package Selected Varieties
\$2.19

Frigo String Cheese
 6.3-12 oz. Package Selected Varieties
\$5.99

Totino's Pizza Rolls
 24.46-24.8 oz. Bag Selected Varieties
\$4.99
JIMMY DEAN BREAKFAST SANDWICHES
 34-36 OZ. BOX, SELECTED VARIETIES
\$10.99

Sara Lee Pound Cake
 10.75 oz. Package
\$4.49

Knudsen Cottage Cheese
 24 oz. Tub Selected Varieties
\$4.29

Land O Lakes Spreadable Butter
 15 oz. Tub, Selected Varieties
\$3.69
LAND O LAKES OLIVE OIL BUTTER SPREAD
 13 OZ. TUB
\$4.69

Delimex Taquitos
 50-56 oz. Box Selected Varieties
\$12.99
BAGEL BITES FROZEN PIZZA SNACKS
 40 COUNT BOX, CHEESE & PEPPERONI
\$10.99

Jamba Smoothies at Home
 8 oz. Package Selected Varieties
\$3.49

Oscar Mayer Sliced Ham
 16 oz. Package Selected Varieties
\$5.49
GALLO ITALIAN DRY SALAME
 12-15.2 OZ. PACKAGE, SELECTED VARIETIES
\$6.49

Oscar Mayer DELI FRESH Lunch Meats
 16 oz. Package Selected Varieties
\$6.99
HILLSHIRE FARM SNACKING PLATE
 2.76 OZ. PACKAGE
\$2.69

Hart Food CHICKEN, CHIP TENDERS, MONGOLIAN or FRIED RICE Entrées
 17-32 oz. Bag Selected Varieties
\$4.99

MorningStar Farms Meatless Products
 BURGERS, CHICKEN NUGGETS, BACON STRIPS, CORN DOGS, or BUFFALO WINGS
 5.25-10.5 oz. Package Selected Varieties
\$4.99

Essential EVERYDAY SAVINGS

Essential Everyday Tomato Sauce
 8 oz. Can Selected Varieties
59¢
Essential Everyday Aluminum Foil
 37.5 Sq. Ft. Roll Box
\$3.99
Essential Everyday Charcoal Briquets
 7.7 Pound Bag
\$4.99

Essential Everyday Evaporated Milk
 12 oz. Can
\$1.69
Essential Everyday Coconut Flakes
 7 oz. Package
\$1.89
Essential Everyday Paper Plates
 100 Count Package Selected Varieties
\$4.99

SPECIALTY & ORGANIC

Amy's Soup
 12.4-14.5 oz. Can Selected Varieties
\$4.69
Annie's Bunny Grahams
 7-7.5 oz. Box Selected Varieties
\$3.99
Annie's Macaroni & Cheese
 5.5-6 oz. Box Selected Varieties
\$1.99

Gëvalia Ground Coffee
 12 oz. Bag Selected Varieties
\$10.99
Wild Harvest ORGANIC Vegetables
 12 oz. Package Selected Varieties
2/\$5 FOR
Bibigo Mini Wontons Dumplings or Family Meals
 10-24 oz. Package, Fresh Selected Varieties
\$6.99

FRESH PRODUCE



Red or Green Seedless Grapes
California Grown
SAVE up to 50¢ Lb.

\$3.49 Lb.



Red Cluster Tomatoes
On the Vine
SAVE up to \$1.00 Lb.

\$1.99 Lb.



Iceberg Lettuce
Fresh
SAVE up to 50¢ Ea.

\$1.49 Ea.



Large Pumpkins
Carving Pumpkins
SAVE up to \$1.00 Ea.

\$6.99 Ea.



Large Honeycrisp Apples
Sweet
SAVE up to 50¢ Lb.

\$2.49 Lb.



Fresh Pineapples
Sugar Sweet
SAVE up to 50¢ Lb.

99¢ Lb.

QUALITY MEAT & SEAFOOD



Certified Angus Beef®
Top Sirloin Steak
Great on the Grill, Family Pack
SAVE up to 3.00 Lb.

\$7.99 Lb.



Boneless Pork Butt Roast or Steaks
Fresh
SAVE up to 2.00 Lb.

\$3.99 Lb.



Signature Stuffed Flank Steaks
Feta & Spinach Great Taste
SAVE up to 5.00 Lb.

\$12.99 Lb.



Chicken Drumsticks, Thighs or Leg Quarters
Fresh, Family Pack
SAVE up to 1.00 Lb.

\$1.39 Lb.



Signature Pork Italian Style Cutlets
Quick to Fix
SAVE up to 2.00 Lb.

\$4.99 Lb.



Certified Angus Beef®
Boneless New York Steaks
Great on the Grill
SAVE up to 3.00 Lb.

\$13.99 Lb.

SERVICE DELI

FRESH BAKERY



Black Forest Ham
\$7.99 Lb.
SAVE up to 1.00 Lb.



Pepper Jack Cheese
\$6.99 Lb.
SAVE up to 1.00 Lb.



Kel's French Bread
19.05 Oz.
\$2.99 Ea.
SAVE up to 50¢ Each



8 Inch Double Layer Decorated Cakes
Vanilla or Chocolate
\$22.99 Ea.
SAVE up to 1.00 Each



Parfait Salad
Raspberry or Orange
\$5.49 Lb.
SAVE up to 50¢ Lb.



Cilantro Lime Chicken Hot Case
\$7.49 Lb.
SAVE up to 50¢ Lb.



Kel's Own Bagels
6 Count
Selected Varieties
\$3.99 Ea.
SAVE up to 1.00 Each



King's Hawaiian Sweet Rolls
12 Count
\$4.49 Ea.
SAVE up to 50¢ Each