

Keil's

Fresh Food Stores



QUALITY MEATS

Keil's DEALS
No Card Needed!

Certified Angus Beef®
Top Sirloin Steak
*Great on the Grill
Family Pack*

\$5.99 Lb.
SAVE up to 6.00 Lb.

Keil's DEALS
No Card Needed!

Certified Angus Beef®
Boneless Chuck Roast
Fresh, Pot Roast

\$5.99 Lb.
SAVE up to 4.00 Lb.

FRESH PRODUCE

Keil's DEALS
No Card Needed!

Fresh Express Salads
5 - 10 Oz.
Selected Varieties

\$2.99 Ea.
SAVE up to 1.00 Each

Keil's DEALS
No Card Needed!

Hass Avocados
Ripe, Creamy

2 ea. for \$3
SAVE up to 98¢ on 2

KEIL'S PICKS!

Keil's DEALS
No Card Needed!

Ben & Jerry's Ice Cream
Selected 16 Oz.
Varieties

\$4.99 Ea.
SAVE up to 1.50 Each

Keil's DEALS
No Card Needed!

Hunt's Pasta Sauce
Selected 24 Oz.
Varieties

2 for \$3
SAVE up to 2.98 on 2

Keil's DEALS

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Lay's Potato Chips
Selected 5 - 8 Oz.
Varieties

\$2.99 Ea.
SAVE up to 2.00 Each

Keil's DEALS
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Oreo Cookies
Selected 9 - 14 Oz.
Varieties

\$2.99 Ea.
SAVE up to 2.00 Each

Keil's DEALS
No Card Needed!

Hunt's Diced Tomatoes
Selected 14.5 Oz.
Varieties

2 ea. for \$3
SAVE up to 2.98 on 2

Keil's DEALS
No Card Needed!

Kraft BBQ Sauce
Selected 18 Oz.
Varieties

\$1.99 Ea.
SAVE up to 1.50 Each

Keil's DEALS
No Card Needed!

Healthy Choice Entrées
Selected 9 - 9.5 Oz.
Varieties

\$2.99 Ea.
SAVE up to 2.00 Each

Keil's DEALS
No Card Needed!

High Noon
Selected 4 Pack Cans

\$9.99 Ea.
SAVE up to 3.00 Each

Prices Effective January 15 - January 21

7403 Jackson Drive, San Diego • Phone: 619-667-2750

FAMILY FAVORITES



Kraft BBQ Sauce
17.5-18 oz. Bottle
Selected Varieties

\$1.99



Chicken of the Sea Chunk Light Tuna
5 oz. Can, Selected Varieties

4/\$5 FOR



Essential Everyday Pasta
12-16 oz. Box
Selected Varieties

4/\$5 FOR



Nabisco Oreo or Fig Newtons Cookies
7.5-14.03 oz. Package
Selected Varieties

\$3.99

Essential Everyday Tomato Sauce
8 oz. Can

59¢



French's Yellow Mustard
14 oz. Bottle

\$2.19



Smucker's Goober Spread
18 oz. Jar
Selected Varieties

\$3.79



Ben's Ready Rice
8.5-8.8 oz. Pouch
Selected Varieties

\$2.99



Betty Crocker Potato Buds
100% REAL MASHED POTATOES
28 oz. Box

\$4.29



Bull's Eye BBQ Sauce
18 oz. Bottle
Selected Varieties

\$2.69



Kraft Real Mayo
22 oz. Squeeze Bottle

\$5.99



Lay's Classic or Kettle Cooked Potato Chips
5-8 oz. Bag, Selected Varieties

\$3.39



Minute Instant Rice
14 oz. Box
White or Brown

\$2.99



Capri Sun Juice Pouches
10 Count Box
Selected Varieties

\$3.49



Ocean Spray 100% Juice
CRANBERRY BLENDS or GRAPEFRUIT JUICE
60-64 oz. Bottle
Selected Varieties

\$3.99



BEVERAGES



Coca Cola Soft Drinks
10 Pack, 7.5 oz. Cans
Selected Varieties

\$5.99



Pepsi Soft Drinks
6 Pack, 16.9 oz. Bottles
Selected Varieties

\$3.99



7-Up Soft Drinks
2 Liter Bottle
Selected Varieties or Xyience Energy Drinks
16 oz. Can, Selected Varieties

3/\$5



Budweiser, Bud Light, Coors or Miller
30 Pack, 12 oz. Cans
Selected Varieties or Michelob Ultra Beer
24 Pack, 12 oz. Bottles or Cans

\$23.99



Coca Cola Soft Drinks
8 Pack, 12 oz. Bottles
Selected Varieties

\$5.69

Gatorade Thirst Quencher
28 oz. Bottle
Selected Varieties

\$1.79



7-Up Soft Drinks
10 Pack, 7.5 oz. Cans
Selected Varieties

\$4.99

Sierra Nevada, Blue Moon or 805 Ale Beer
6 Pack, 12 oz. Bottles
Selected Varieties

\$10.99



Monster Energy Drinks
4 Pack, 16 oz. Cans
Selected Varieties

\$7.49



Pepsi Soft Drinks
6 Pack, 7.5 oz. Cans
Selected Varieties

\$4.49



Polar Seltzer Sparkling Water
8 Pack, 12 oz. Cans
Selected Varieties

\$2.99



Fetzer Wine
750 ml. Bottle
Selected Varieties

\$6.99



Coca Cola Soft Drinks
2 Liter Bottle
Selected Varieties

\$2.99



Gatorade Thirst Quencher
8 Pack, 20 oz. Bottles
Selected Varieties

\$7.69



Cutwater Ready to Drink Cocktails
4 Pack, 12 oz. Cans
Selected Varieties

\$13.99



Tito's Handmade Vodka
750 ml. Bottle

\$19.99



UNITED FOR HOPE
City of Hope

This brand has made a donation of \$15,000 to City of Hope to support research, treatment and education of cancer, diabetes and other life-threatening diseases.

Mission CARB BALANCE Tortillas
8 Count Package
\$3.99

BAKERY SPECIALS

Rich's 4 FLAVOR Double Layer Cake
7 Inch, 28-33 oz. Package
\$13.99

Mission BURRITO SIZE Flour Tortillas
8 Count Package
\$2.69

Guerrero Tostadas
22 Count Package
Selected Varieties
\$2.29

Table Talk Pies
4 Inch Box
Selected Varieties
2/\$3

HEALTH & BEAUTY

Crest Toothpaste
5.7 oz. Tube
Selected Varieties
\$2.49

Vicks VapoRub
1.76 oz. Jar
Selected Varieties
\$6.49

Jergens HAND & BODY Lotion
16.8-21 oz. Bottle
Selected Varieties
\$7.99

Softsoap Body Wash
20 oz. Bottle
Selected Varieties
\$5.99



Chobani
GREEK OR FLIP
Yogurt
4 Count Package
Selected Varieties

\$3.99



Jell-O
Gelatin or
Pudding
4 Count Package
Selected Varieties

\$2.99

SPECIAL HANDLING COUPON #9630

SAVE \$1

WHEN YOU BUY ANY TWO (2) **KELLOGG'S KIDS' CEREALS**
FROOT LOOPS, APPLE JACKS, CORN POPS,
CINNAMON TOAST CRUNCH OR FROSTED FLAKES
in a single shopping visit between 1/15/25 and 1/21/25.
RETURN TO UNFI COUPON SERVICES

Kellogg's Kids' Cereal
FROOT LOOPS, APPLE JACKS,
CORN POPS, FROSTED FLAKES
OR CINNAMON TOAST CRUNCH
8.8-12.2 oz. Box, Selected Varieties

\$3.49

SALE PRICE • \$3.99 EA. WITH COUPON

BEAR NAKED GRANOLA
11-12 OZ. BAG, SELECTED VARIETIES **\$4.99**

Post Cereal
HONEY BUNCHES OF OATS
OR GREAT GRAINS
13-18 oz. Box
Selected Varieties

\$5.99

Folger's
Ground Coffee
9.6 oz. Canister
Classic Only

\$6.79

STARBUCKS
COFFEE K-CUPS
10 COUNT BOX, SELECTED VARIETIES **\$10.99**

Essential
Everyday
Aluminum Foil
75 Sq. Ft. Roll Box

\$4.69

Scott
Bath Tissue
12 Roll Package

\$13.99

COTTONELLE
BATH TISSUE
12 COUNT, MEGA ROLL PACKAGE, SELECTED VARIETIES **\$15.99**

ACT II
Microwave
Popcorn
3 Count Box
Selected Varieties

\$1.89

QUAKER
SIMPLY GRANOLA
24.1 OZ. PACKAGE, SELECTED VARIETIES **\$4.99**

Kool-Aid, Tang
or Country Time
Drink Mix
MAKES 8 QUARTS
19-20 oz. Canister
Selected Varieties

\$4.49

Essential
Everyday
Paper Plates
40-85 Count Package
Selected Varieties

\$5.99

Ajax
Liquid
Dish Detergent
28 oz. Bottle
Selected Varieties

\$3.29

Kellogg's
Pop-Tarts
32 Count Box
Selected Varieties

\$9.99

V-8
Vegetable
Juice
46 oz. Bottle
Selected Varieties

\$3.99 +CRV

Essential
Everyday
Wet Cat Food
5.5 oz. Can
Selected Varieties

79¢

Lysol
All Purpose
Cleaner
22-32 oz. Bottle, Selected Varieties
or Disinfecting
Wipes
35 Count, Canister
Selected Varieties

\$4.99

DELI & FROZEN

Daisy
Cottage Cheese
2 Count, 10.6 oz. Cup
Selected Varieties

2/\$5

Silk OAT YEAH
Oatmilk
64 oz. Carton
Selected Varieties

\$4.49

José Olé
Burritos or
Chimichangas
5 oz. Package
Selected Varieties

4/\$5

Ore-Ida
Frozen
Potatoes
19-32 oz. Bag
Selected Varieties

\$3.99

Knudsen
Cottage
Cheese
24 oz. Tub
Selected Varieties

\$3.99

Kraft
American
Singles
24 Count,
16 oz. Package

\$4.99

Talenti
Gelato
16 oz. Tub
Selected Varieties

\$4.99

TALENTI LAYERS GELATO OR BARS
16 OZ. TUB OR 6 COUNT BOX
SELECTED VARIETIES **\$5.99**

Ben & Jerry's
Ice Cream
16 oz. Tub
Selected Varieties

\$5.99

ratio
High Protein
Yogurt
5.3 oz. Cup
Selected Varieties

\$1.59

Frigo
String Cheese
6.3-12 oz. Package
Selected Varieties

\$4.49

Culinary Circle
Pizza
14.1-33.5 oz. Box
Selected Varieties

\$5.99

Jimmy Dean
Breakfast
Delights
16.4-20.4 oz. Box
Selected Varieties

\$6.99

Yoplait
Go-Gurt Yogurt
16 Count Box
Selected Varieties

\$5.49

YOPLAIT GO-GURT YOGURT
20 COUNT, 40 OZ. BOX, SELECTED VARIETIES **\$5.99**

Oscar Mayer
DELI SHAVED
Lunch Meats
7-9 oz. Package
Selected Varieties

\$4.29

CLAUSSEN
DILL PICKLES
20-32 OZ. JAR, SELECTED VARIETIES **\$4.49**

Oscar Mayer
Sliced Bacon
12 oz. Package
Selected Varieties

\$5.99

HEBREW NATIONAL
FRANKS
9.43-12 OZ. PACKAGE, SELECTED VARIETIES **\$5.99**

SeaBest
Catfish Fillets
16 oz. Package

\$8.99

SEABEST
COOKED SHRIMP WITH SAUCE
10 OZ. RING **\$6.99**

Essential EVERYDAY SAVINGS

Essential Everyday
American Singles
24 Count
16 oz. Package **\$3.99**

Essential Everyday
Apple Cider
Vinegar
16 oz. Bottle **\$1.59**

Essential Everyday
Dry Cat Food
3 lb. Bag, Selected Varieties **\$4.99**

Essential Everyday
Saltine Crackers
16 oz. Box, Original Only **\$2.49**

Essential Everyday
Black
Tea Bags
100-Count Box **\$3.69**

Essential Everyday
Liquid
Dish Detergent
24 oz. Bottle, Selected Varieties **\$2.69**

SPECIALTY & ORGANIC

Amy's
READY TO EAT
Soup
14-14.7 oz. Can
Selected Varieties **\$3.99**

Amy's
ORGANIC Chili
14.7 oz. Can
Selected Varieties **\$4.49**

Birch Benders
Pancake Mix
14-16 oz. Bag
Selected Varieties **\$5.59**

Voortman
Shortbread
Cookies
8 oz. Package **\$3.99**

Wild Harvest
ORGANIC
Broth or Stock
32 oz. Carton, Selected Varieties **\$2.99**

Gerber
ORGANIC
Baby Food
4 oz. Jar, Selected Varieties **\$1.89**

FRESH PRODUCE



Gala Apples
Sweet
SAVE up to 50¢ Lb.

\$1.49
Lb.



California
Navel Oranges
Sweet Seedless
SAVE up to 50¢ Lb.

\$1.49
Lb.



Romaine Lettuce
Fresh
SAVE up to 50¢ Ea.

\$1.49
Ea.



Radish or Green Onions
Fresh
SAVE up to 10¢ Ea.

89¢
Ea.



Green Beans
Fresh
SAVE up to 1.00 Lb.

\$1.99
Lb.



Brown Onions
Mild
SAVE up to 20¢ Lb.

79¢
Lb.

QUALITY MEAT & SEAFOOD



Boneless Pork Loin Chops
Fresh, Family Pack
SAVE up to 3.00 Lb.

\$4.99
Lb.



Bone-In Pork Butt Roast
Fresh, Pot Roast
SAVE up to 1.00 Lb.

\$2.99
Lb.



Certified Angus Beef®
Ground Sirloin
90% Lean or Better
SAVE up to 2.00 Lb.

\$5.99
Lb.



Signature
Carne Asada
Quick to Fix
SAVE up to 2.00 Lb.

\$6.99
Lb.



Chicken Leg Quarters or Drumsticks
Fresh, Family Pack
SAVE up to 1.00 Lb.

89¢
Lb.



Signature
Marinated Boneless & Skinless Chicken Breast
Assorted Flavors
SAVE up to 3.00 Lb.

\$3.99
Lb.

SERVICE DELI

FRESH BAKERY



Black Forest Ham
Basic Sandwich Ready
\$7.99
Lb.
SAVE up to 1.00 Lb.



Pepper Jack Cheese
Basic Manager's Favorite!
\$6.99
Lb.
SAVE up to 1.00 Lb.



Keil's Own
Pumpernickel Bread
Sliced Loaf, 22 Oz.
\$3.99
Ea.
SAVE up to 1.00 Each



Cupcakes
Chocolate or Vanilla
12 Count
\$10.99
Ea.
SAVE up to 1.00 Each



Mustard Potato Salad
Lunch Favorite!
\$5.49
Lb.
SAVE up to 50¢ Lb.



Keil's Own
Cilantro Lime Chicken
Hot Case
\$7.49
Lb.
SAVE up to 50¢ Lb.



Keil's Own
French Bread
19 Oz. Loaf
\$2.99
Ea.
SAVE up to 50¢ Each



Keil's Own
Muffins
4 Count
10 Flavors
\$5.49
Ea.
SAVE up to 1.00 Each