

Keil's

Fresh Food Stores

KEIL'S DELIVERY
DOORDASH
Just download the APP!

QUALITY MEATS



Keil's DEALS
No Card Needed!

Boneless Country Style Pork Ribs
Fresh, Family Pack

\$2.99 Lb.
SAVE up to 2.00 Lb.



Keil's DEALS
No Card Needed!

Signature Pollo Asada or Cilantro
Fresh Boneless & Skinless Marinated Chicken Thighs

\$2.99 Lb.
SAVE up to 2.00 Lb.

FRESH PRODUCE



Keil's DEALS
No Card Needed!

Seedless Red Grapes
Sweet

\$1.99 Lb.
SAVE up to 2.00 Lb.



Keil's DEALS
No Card Needed!

Earthbound Farm Organic Salads
5 Oz. Selected Varieties

\$2.99 Ea.
SAVE up to 1.00 Each

KEIL'S PICKS!



Keil's DEALS
No Card Needed!

Dreyer's Ice Cream
Selected 48 Oz. Varieties

\$3.99 Ea.
SAVE up to 3.50 Each



Keil's DEALS
No Card Needed!

Mission Tortilla Chips
Selected 18 Oz. Varieties

2 ea. for \$5
SAVE up to 6.98 on 2

Keil's DEALS

No Card Needed!



Keil's DEALS
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Chips Ahoy! Cookies
Selected 7.01 - 13.01 Oz. Varieties

2 ea. for \$7
SAVE up to 2.98 on 2



Keil's DEALS
No Card Needed!

Eggo Waffles
Selected 10.75-12.3 Oz. Varieties

\$2.99 Ea.
SAVE up to 1.50 Each



Keil's DEALS
No Card Needed!

Quaker Life Cereal
Selected 13 Oz. Varieties

\$3.99 Ea.
SAVE up to 1.30 Each



Keil's DEALS
No Card Needed!

Hillshire Farm Sliced Meat
Selected 7 - 9 Oz. Varieties

2 ea. for \$7
SAVE up to 6.98 on 2



Keil's DEALS
No Card Needed!

Borden Cheese
Selected 5 - 12 Oz. Shreds! or Slices

2 ea. for \$5
SAVE up to 7.98 on 2



Keil's DEALS
No Card Needed!

Knudsen Cottage Cheese
Selected 16 Oz. Varieties

2 ea. for \$5
SAVE up to 2.98 on 2

Prices Effective May 7 - May 13

7403 Jackson Drive, San Diego • Phone: 619-667-2750



Give Mom a Sweet morning

Save \$3 instantly when you buy any **6** participating items

SPECIAL HANDLING COUPON #9610

SAVE \$3 INSTANTLY

when you BUY ANY SIX (6) participating SMUCKER'S brands in a single shopping visit between 5-7-25 and 5-13-25. RETURN TO UNFI COUPON SERVICES

Smucker's Strawberry Jam
32 oz. Jar

\$3.99

SALE PRICE • \$4.49 EACH WITH COUPON

Quaker Life Cereal
13 oz. Package Selected Varieties

\$3.49

SALE PRICE • \$3.99 EACH WITH COUPON

Dunkin' Donuts Ground Coffee
11-12 oz. Package Selected Varieties

\$7.99

SALE PRICE • \$8.49 EACH WITH COUPON

Jif Peanut Butter
28 oz. Jar Selected Varieties

\$4.99

SALE PRICE • \$5.49 EACH WITH COUPON

Simply Potatoes
20 oz. Package Selected Varieties

\$2.49

SALE PRICE • \$2.99 EACH WITH COUPON

Dunkin' Donuts Coffee K-Cups
10 Count Package Selected Varieties

\$7.49

SALE PRICE • \$7.99 EACH WITH COUPON

Pearl Milling Company Pancake Syrup
24 oz. Bottle Selected Varieties

\$2.99

SALE PRICE • \$3.49 EACH WITH COUPON

Pearl Milling Company Pancake Mix
2lb. Box Selected Varieties

\$2.99

SALE PRICE • \$3.49 EACH WITH COUPON

Folgers Ground Coffee
22.6-25.9 oz. Canister Selected Varieties

\$10.99

SALE PRICE • \$11.99 EACH WITH COUPON

Nabisco Chips Ahoy! Cookies Ritz Toasted Chips or Ritz Crisp & Thins
7.01-13.01 oz. Package Selected Varieties

\$3.49

Mott's Applesauce
23,4-24 oz., 6 Pack Selected Varieties

2/\$5 FOR

Heinz Specialty Ketchup
13-14 oz. Squeeze Bottle Selected Varieties

\$2.79

HEINZ SIMPLY KETCHUP 31 oz. BOTTLE **\$6.99**

Starkist Chicken Pouches
2.6 oz. Package Selected Varieties

\$1.59

Keekler Sandwich Cookies
11 oz. Package, Selected Varieties

\$3.99

Quaker Oatmeal
8.4-12.1 oz. Package Selected Varieties

\$3.29

Yuban Ground Coffee
27.9-33.4 oz. Canister Selected Varieties

\$10.99

YUBAN INSTANT COFFEE 8.0Z JAR, SELECTED VARIETIES **\$7.49**

Anthony's Pasta
32 oz. Package Selected Varieties

\$2.99

Kraft Shapes & Premium Macaroni & Cheese
1.5L, 2.5L, 3.5L, 5L, 6.5L, 9L, 12L, 15L, 18L, 21L, 24L, 27L, 30L, 33L, 36L, 39L, 42L, 45L, 48L, 51L, 54L, 57L, 60L, 63L, 66L, 69L, 72L, 75L, 78L, 81L, 84L, 87L, 90L, 93L, 96L, 99L, 102L, 105L, 108L, 111L, 114L, 117L, 120L, 123L, 126L, 129L, 132L, 135L, 138L, 141L, 144L, 147L, 150L, 153L, 156L, 159L, 162L, 165L, 168L, 171L, 174L, 177L, 180L, 183L, 186L, 189L, 192L, 195L, 198L, 201L, 204L, 207L, 210L, 213L, 216L, 219L, 222L, 225L, 228L, 231L, 234L, 237L, 240L, 243L, 246L, 249L, 252L, 255L, 258L, 261L, 264L, 267L, 270L, 273L, 276L, 279L, 282L, 285L, 288L, 291L, 294L, 297L, 300L, 303L, 306L, 309L, 312L, 315L, 318L, 321L, 324L, 327L, 330L, 333L, 336L, 339L, 342L, 345L, 348L, 351L, 354L, 357L, 360L, 363L, 366L, 369L, 372L, 375L, 378L, 381L, 384L, 387L, 390L, 393L, 396L, 399L, 402L, 405L, 408L, 411L, 414L, 417L, 420L, 423L, 426L, 429L, 432L, 435L, 438L, 441L, 444L, 447L, 450L, 453L, 456L, 459L, 462L, 465L, 468L, 471L, 474L, 477L, 480L, 483L, 486L, 489L, 492L, 495L, 498L, 501L, 504L, 507L, 510L, 513L, 516L, 519L, 522L, 525L, 528L, 531L, 534L, 537L, 540L, 543L, 546L, 549L, 552L, 555L, 558L, 561L, 564L, 567L, 570L, 573L, 576L, 579L, 582L, 585L, 588L, 591L, 594L, 597L, 600L, 603L, 606L, 609L, 612L, 615L, 618L, 621L, 624L, 627L, 630L, 633L, 636L, 639L, 642L, 645L, 648L, 651L, 654L, 657L, 660L, 663L, 666L, 669L, 672L, 675L, 678L, 681L, 684L, 687L, 690L, 693L, 696L, 699L, 702L, 705L, 708L, 711L, 714L, 717L, 720L, 723L, 726L, 729L, 732L, 735L, 738L, 741L, 744L, 747L, 750L, 753L, 756L, 759L, 762L, 765L, 768L, 771L, 774L, 777L, 780L, 783L, 786L, 789L, 792L, 795L, 798L, 801L, 804L, 807L, 810L, 813L, 816L, 819L, 822L, 825L, 828L, 831L, 834L, 837L, 840L, 843L, 846L, 849L, 852L, 855L, 858L, 861L, 864L, 867L, 870L, 873L, 876L, 879L, 882L, 885L, 888L, 891L, 894L, 897L, 900L, 903L, 906L, 909L, 912L, 915L, 918L, 921L, 924L, 927L, 930L, 933L, 936L, 939L, 942L, 945L, 948L, 951L, 954L, 957L, 960L, 963L, 966L, 969L, 972L, 975L, 978L, 981L, 984L, 987L, 990L, 993L, 996L, 999L

\$1.69 EA.

Kool-Aid, Tang or Country Time Drink Mix
19-20 oz. Canister, Selected Varieties

\$4.49

CRYSTAL LIGHT ON THE GO WATER ENHANCERS 7-10 COUNT PACKAGE, SELECTED VARIETIES **\$3.29**

Kool-Aid Jammers Juice Pouches
10 Count Box Selected Varieties

\$2.69

General Mills Cereals
CHEERIOS, TRIX, LUCKY CHARMS, CINNAMON TOAST CRUNCH, COCOA PUFFS or COOKIE CRISP
12-16.8 oz. Box Selected Varieties

\$4.99

BEVERAGES

Glacéau Vitamin Water
20 oz. Bottle Selected Varieties

\$1.49 +CRV

Pepsi Soft Drinks
24 Pack, 12 oz. Cans Selected Varieties

\$10.99 +CRV

7-Up Soft Drinks
2 Liter Bottle Selected Varieties

\$1.79 +CRV

Coors, Miller, Coors Light or Miller Lite Beer
12 Pack, 12 oz. Bottles or Cans

\$12.99

Coca Cola Soft Drinks
6 Pack, 7.5 oz. Cans Selected Varieties

\$4.49 +CRV

Pepsi Soft Drinks
10 Pack, 7.5 oz. Cans Selected Varieties

\$5.99 +CRV

4/\$5 +CRV FOR

Snapple Beverages
16 oz. Bottle Selected Varieties

\$1.69

Michelob Ultra Beer
15 Pack, 12 oz. Cans

\$16.99 +CRV

Body Armor Beverages
16 oz. Bottle Selected Varieties

99¢ +CRV

Rockstar Energy Drinks
6 Pack, 12 oz. Cans Selected Varieties

\$5.99 +CRV

7-Up Soft Drinks
6 Pack, 16.9 oz. Bottles or 6 Pack, 7.5 oz. Cans Selected Varieties

\$3.99 +CRV

Fetzer Wine
750 ml. Bottle Selected Varieties

\$6.99 +CRV

Monster Energy Drinks
4 Pack, 16 oz. Cans Selected Varieties

\$7.99 +CRV

Gatorade Thirst Quencher
8 Pack, 20 oz. Bottles Selected Varieties

\$7.99 +CRV

Cutwater Ready to Drink Cocktails
4 Pack, 12 oz. Cans Selected Varieties

\$13.99 +CRV

Seagram's Vodka
1.75 Liter Bottle Selected Varieties

\$18.99 +CRV

BAKERY SPECIALS

Mission BURRITO SIZE Flour Tortillas
8 Count Package

\$2.49

Meurer Danishes
14-16 oz. Package Selected Varieties

\$5.99

Mission ZERO NET CARBS Tortillas
14 Count Package Selected Varieties

\$2.49

La Brea FRENCH Baguettes
10.5 oz. Package

\$2.99

Mission STREET TACOS Tortillas
12-24 Count Package Selected Varieties

\$1.79

Sugar Bowl Madeines
12 oz. Package

\$7.99

HEALTH & BEAUTY

Colgate Triple Action Toothpaste
6 oz. Tube Selected Varieties

\$2.49

Luna Bars
1.69 oz. Package Selected Varieties

\$1.79

Carefree Daily Liners
36-54 Count Package Selected Varieties

\$4.49

BiC SOLEIL or TWILIGHT Razors
4 Count Package Selected Varieties

\$6.99

PAMPER YOUR PETS DURING NATIONAL Pet Month!



SPECIAL HANDLING COUPON #916

SAVE \$5.00 Instantly

when you PURCHASE \$30 of participating MARS BRANDS in a single shopping visit between 5-7-25 and 5-13-25. RETURN TO UNFI COUPON SERVICES

SAVE \$5.00 INSTANTLY WHEN YOU PURCHASE \$30 OR MORE ON PARTICIPATING MARS PET CARE ITEMS BELOW

Cesar Dog Food
3.5 oz. Cans
Selected Varieties

4/\$5 FOR

PEDIGREE FOUNDATION

IAMS Dry Cat Food
3.5 lb. Bag
Selected Varieties

\$10.99

Pedigree Wet Dog Food
13.2 oz. Cans
Selected Varieties

\$2.29

Temptation Cat Treats
3-3.2oz. Pouch
Selected Varieties

\$2.49

Greenies Dental Treats
12oz. Package
Selected Varieties

\$15.99

IAMS Dry Dog Food
15 lb. Bag
Selected Varieties

\$29.99

Pedigree Dry Dog Food
14-18lb. Bag
Selected Varieties

\$19.99

Meow Mix Dry Cat Food
3-3.5 oz. Bag
Selected Varieties

\$6.99

Friskies Wet Cat Food
5.5 oz. Can
Selected Varieties

99¢

FRISKIES PARTY MIX CAT TREATS
2.7 oz. MIDGE SHRETT WHITES
\$1.59

Friskies Dry Cat Food
3.5 lb. Bag
Selected Varieties

\$6.49

Milk Bone Dog Biscuits
24 oz. Pail Large
Selected Varieties

\$4.99

Tidy Cats Cat Litter
20 lb. Jug
Selected Varieties

\$12.99

Purina Beggin' Strips
6 oz. Pouch
Selected Varieties

\$3.99

PUPPERONI DOG TREATS
5.6 oz. MIDGE SHRETT WHITES
\$4.49

Kibbles n' Bits Dry Dog Food
16 lb. Bag
Original Only

\$16.99

MILK BONE CHUNKS OR DIPPED DOG BISCUITS
20oz. MIDGE SHRETT WHITES
\$4.99

Purina DOG CHOW Dry Dog Food
18.5oz. Bag
Selected Varieties

\$18.99

PURINA ONE SMARTBOWL DOG FOOD
16.5 lb. MIDGE SHRETT WHITES
\$31.99

Doritos or Tostitos Tortilla Chips
9-13 oz. Bag

or Ruffles Potato Chips
7.5-8.5 oz. Bag
Selected Varieties

\$4.39

Oxi Clean Stain Remover
3 lb. Tub
Selected Varieties

\$9.99

Jubilee Dinner Napkins
100 Count Package

\$2.29

Angel Soft Bath Tissue
16 Count, Mega Roll Package

\$13.99

CHARMIN BATH TISSUE
18 COUNT MEGA ROLL PACKAGE
SELECTED VARIETIES

\$23.99

DELI & FROZEN

Knudsen HAMPSHIRE Sour Cream
8 oz. Tub

\$1.99

Chobani Oat Milk
52 oz. Carton
Selected Varieties

\$4.99

Bagel Bites Frozen Snacks
7 oz. Box
Selected Varieties

2/\$5 FOR

Magnum Ice Cream Bars
3 Count Box
Selected Varieties

\$5.99

Chobani GREEK OR LESS SUGAR Yogurt
5.3 oz. Cup
Selected Varieties

\$1.89

Buitoni Unfilled Pasta
9 oz. Package
Selected Varieties

\$2.49

BUITONI PESTO SAUCE
7 oz. 100% SHRETT WHITES
\$4.49

José Olé Taquitos
16.2-22.5 oz. Box
Selected Varieties

\$6.99

T.G.I. FRIDAY'S APPETIZERS
12-13.5 OZ. PACKAGE, SELECTED VARIETIES
\$7.49

Restaurant French Fries & Onion Rings

\$5.49

ARBY'S SEASONED CURRY FRIES, RED ROBIN SEASONED STEAK FRIES, THE CROWN FRIES, FRENCH FRIES OR NATHAN'S ONION RINGS 14-20oz. Bag

Country Crock Soft Spread
15 oz. Tub
Selected Varieties

\$3.49

Hillshire Farm THIN SLICED Lunch Meats
7.9 oz. Package, Selected Varieties

\$4.49

GALLO ITALIAN DRY SALAME
8 oz. PACKAGE
\$4.49

Banquet BROWN 'N SERVE Sausage Links
6.4 oz. Box, Selected Varieties

\$2.49

Pillsbury Toaster Strudel
11.7-13.3 oz. Box
Selected Varieties

\$3.49

Coffee-mate Coffee Creamer
64 oz. Bottle
Selected Varieties

\$7.99

Hebrew National Beef Franks
9.4-10.3 oz. Package
Selected Varieties

\$4.79

OSCAR MAYER P3 PROTEIN SNACKS
2-2.3 OZ. PACKAGE, SELECTED VARIETIES
\$1.99

Yummy Chicken Nuggets or Tenders
18-21.7 oz. Box
Selected Varieties

\$6.99

Delimex Taquitos
16-20 Count Box
Selected Varieties

\$6.99

DELIMEX CHICKEN QUESADILLAS
2 COUNT PACKAGE, SELECTED VARIETIES
\$4.69

Essential EVERYDAY SAVINGS

Essential Everyday Peanut Butter
16 oz. Jar
Selected Varieties

\$2.29

Essential Everyday Tomato Sauce
15 oz. Can

\$1.19

Essential Everyday Tomatoes
14.5-15 oz. Can
Selected Varieties

\$1.29

Essential Everyday Mandarin Oranges
11oz. Can
Selected Varieties

\$1.39

Essential Everyday Facial Tissue
160 Count Package

\$2.19

Essential Everyday Napkins
120 Count Package

\$1.79

SPECIALTY & ORGANIC

Wild Harvest ORGANIC Coconut Oil
14oz. Jar

\$4.49

Wild Harvest ORGANIC Extra Virgin Olive Oil
8.5 oz. Bottle

\$4.99

Wild Harvest Fruit & Grain Cereal Bars
7.8 oz. Package
Selected Varieties

\$4.29

Amy's Kitchen Baked Beans
15 oz. Can
Selected Varieties

\$3.99

Amy's Kitchen Refried Beans
15.4 oz. Can
Selected Varieties

\$3.79

Bear Naked Granola
11-12 oz. Package
Selected Varieties

\$5.49

FRESH PRODUCE



Roma Tomatoes
Ripe Red
SAVE up to 1.00 Lb.

99¢ Lb.



California Navel Oranges
Sweet
SAVE up to 70¢ Lb.

\$1.29 Lb.



Fuji Apples
Sweet & Crisp
SAVE up to 1.00 Lb.

99¢ Lb.



Fresh Asparagus
Tender Stalks
SAVE up to 1.00 Lb.

\$2.99 Lb.



Broccoli Crowns
Fresh Cut
SAVE up to 20¢ Lb.

\$1.79 Lb.



Fresh Mushrooms
8 Oz.
Whole or Sliced
SAVE up to 20¢ Each

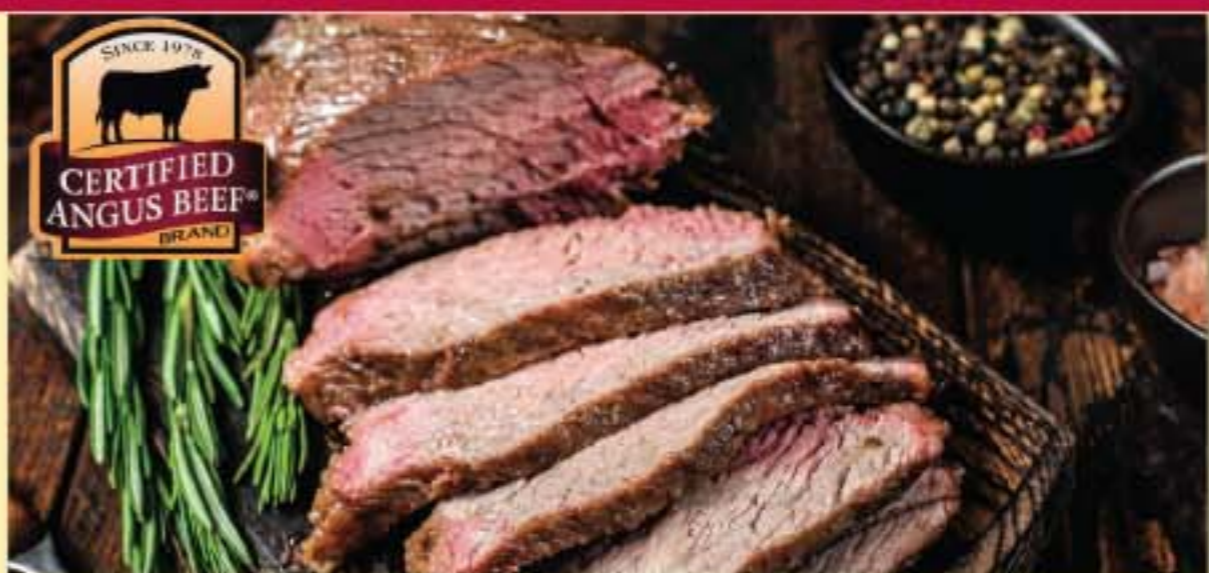
\$2.29 Ea.

QUALITY MEAT & SEAFOOD



Certified Angus Beef®
Ground Beef
80% Lean or Better, Family Pack
SAVE up to 2.00 Lb.

\$4.99 Lb.



Certified Angus Beef®
Untrimmed Tri Tip Roast
Great on the Grill
SAVE up to 2.00 Lb.

\$7.99 Lb.



Signature Beef or Chicken Fajitas
Quick to fix
SAVE up to 3.00 Lb.

\$5.99 Lb.



Pork Tenderloin Roast
Fresh
SAVE up to 4.00 Lb.

\$3.99 Lb.



Peeled & Deveined White Shrimp
16-20 Count, Defrosted
SAVE up to 6.00 Lb.

\$7.99 Lb.



Tilapia Fillet
Defrosted
SAVE up to 2.00 Lb.

\$3.99 Lb.

SERVICE DELI

FRESH BAKERY



Basic Roast Beef
Sliced to Order

\$13.99 Lb.
SAVE up to 2.00 Lb.



Basic American Cheese Slices

\$6.99 Lb.
SAVE up to 1.00 Lb.



Kell's Own White Bread
Sliced Loaf
22 Oz.

\$3.99 Ea.
SAVE up to 1.00 Each



St. Pierre Hamburger Buns
4 Count

\$5.99 Ea.
SAVE up to 1.00 Each



Kell's Mac & Cheddar Salad
Fresh

\$6.49 Lb.
SAVE up to 50¢ Lb.



Baja Chicken
Hot Case Selection

\$6.49 Ea.
SAVE up to 50¢ Each



Decorated Cupcakes
6 Count
Vanilla or Chocolate

\$5.99 Ea.
SAVE up to 1.00 Each



Turnovers
4 Count
Apple, Cherry or Pineapple

\$5.49 Ea.
SAVE up to 50¢ Each